

# Kent and Sussex Christian Day Walking Group



## Programme November 2009 to May 2010



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### 21st November 2009

A 9 mile walk from the pleasant old town of West Malling, Kent, passing Mereworth Woods, with views over the surrounding countryside and across to the North Downs. We pass Manor park lake, the impressive mediaeval St Leonard's tower and, at Offham, the only quintain post in England.

### 12th December 2009

This 8.5 mile trek starts in the village of Bearsted, near Maidstone. There will be the ups and downs of the North Downs Way in the morning offering lovely views. We will be passing through villages where Henry VIII is alleged to have ventured en route to our lunch stop at Detling returning via Thurnham Church to Bearsted.

### 16th January 2010

The walk leaves from High Elms car park and is about 10 - 11 miles and we'll be stopping for lunch at the Blacksmiths Arms at Cudham which has quite a history attached. Those who bring a packed lunch can sit in the recreation field behind the pub where there are also toilet facilities. Despite being on London's doorstep it's a beautiful walk with hills and valleys, woods and meadows and some lovely views. At one point you get a stunning view across London. We also pass through Downe where Charles Darwin lived.

### 30th January 2010

We plan a figure-of-eight walk of about 9 miles around the village of Brenchley, once at the heart of Kent's iron industry and reputedly home to Wat Tyler, leader of the Peasant's Revolt.

### 20th February 2010

Starting from the enchanting village of West Firle we will venture up onto the South Downs via the Beacon and down to aspiring Berwick (option of a pub lunch). Then we ramble through lovely countryside and farmland returning hopefully for tea and cakes.

### 20th March 2010

We will be exploring the area north of West Hoathly. It should be a good time to enjoy the daffodils in Gravetye Manor and also the wild daffodils near Turners Hill.

## 17th April 2010

Between East Hoathly and Chiddingly in East Sussex. Come for a pleasant 9 - 9.5 mile stroll, mostly across farmland. Nice villages at each end, nice pub at each end. Probably have lunch at Chiddingly, either in pub or outside somewhere.

## 15th May 2010

Arlington reservoir, lunching in Alfriston village; this walk will include "The Long Man of Wilmington" and, if the weather is good, some very pretty views. Expected to be 10-11 miles long.

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## NOTES

- **We start our walks with a short prayer.**
  - **(Not connected) You take part in walks at your own risk.**
  - Normally walks take place on the third Saturday of the month (except December when it is the second Saturday), plus maybe a few extras such as the fifth Saturday and Bank Holiday weekends.
  - Meeting at **10.15am** for a **prompt 10.30am start** and finish at about 4.30pm - unless otherwise advised by the leader. Sometimes the leader will arrange an evening activity.
  - Please be prepared to bring food and drink. Always bring some/extra food/drink (especially in extremes of weather).
  - There may be a teashop at the end and Pub lunches are sometimes a possibility.
  - For full details of the walk (meeting place etc) please make contact either by phoning the leader 7-10 days before the walk OR by Email [secrc@freeuk.com](mailto:secrc@freeuk.com) (10-2 days in advance) - we cannot guarantee to reply to messages the day before a walk.
  - Leaders find it helpful to know how many to expect - so please let us know - Email is fine but please don't leave it until the last day, we cannot guarantee to pick up those messages
  - Wear strong boots; bring something warm; waterproofs; an extra layer of clothing.
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